

Additional Alcohol Items

45. During the past 30 days, on how many days did you possess alcohol on school property?

Answer	7th grade	%	9th grade	%	11th grade	%
0 days	154	99%	145	96%	125	98%
1 or 2 days	1	1%	2	1%	2	2%
3 to 5 days	0	0%	2	1%	0	0%
6 to 9 days	0	0%	0	0%	1	1%
10 to 19 days	0	0%	0	0%	0	0%
20 to 29 days	0	0%	0	0%	0	0%
All 30 days	1	1%	2	1%	0	0%
Total	156	100%	151	100%	128	100%

Very few students in the sample responded that they have possessed alcohol on school property.

***46. During the past 30 days, on how many days did you have 5 or more drinks of alcohol within a couple of hours?**

(This item was presented to 34 7th-graders, 88 9th-graders and 90 11th-graders based on responses from question 43.)

Answer	7th grade	% of entire 7 th grade	9th grade	% of entire 9 th grade	11th grade	% of entire 11 th grade
0 days	31	20%	47	31%	54	42%
1 or 2 days	1	1%	20	13%	21	16%
3 to 5 days	1	1%	6	4%	8	6%
6 to 9 days	0	0%	8	5%	5	4%
10 to 19 days	0	0%	2	1%	1	1%
20 to 29 days	0	0%	2	1%	1	1%
All 30 days	1	1%	3	2%	0	0%
Total	34	22%	88	58%	90	70%

Reports of binge drinking are 8 times higher for 9th graders compared to 7th graders (26% to 3%).

***47. The last time you drank more than a few sips of alcohol, which one answer most closely explains your reason for drinking?**

(This item was presented to 34 7th-graders, 88 9th-graders and 90 11th graders based on responses from question 43.)

Answer	7th grade	% of branched 7 th grade sample	9th grade	% of branched 9 th grade sample	11th grade	% of branched 11 th grade sample
To have fun	5	15%	51	58%	57	63%
To fit in	0	0%	1	1%	1	1%
Because my friends drink	1	3%	0	0%	1	1%
To escape problems	2	6%	9	10%	11	12%
Boredom	3	9%	8	9%	1	1%
Curiosity	11	32%	7	8%	7	8%
Other	12	35%	12	14%	12	13%
Total	34	100%	88	100%	90	100%

Curiosity is more of a factor with younger students, whereas high school students highly endorsed using alcohol to have fun.

Additional Item about Other Drugs

61. During the past 12 months, has anyone offered, sold, or given you an illegal drug on school property?

Answer	7th grade	%	9th grade	%	11th grade	%
Yes	3	2%	24	16%	18	14%
No	153	98%	127	84%	110	86%
Total	156	100%	151	100%	128	100%

There is a pronounced increase (14%) between 7th and 9th grades.

Sexual Attitudes and Behaviors

64. Have you talked about sex with your parents or other adults in your family?

Answer	7th grade	%	9th grade	%	11th grade	%
Yes	89	57%	115	76%	100	78%
No	67	43%	36	24%	28	22%
Total	156	100%	151	100%	128	100%

High school students are more likely to talk to their family members about sex.

65. How old were you when you engaged in sexual activity for the first time?

Answer	7th grade	%	9th grade	%	11th grade	%
I have never engaged in sexual activity	136	87%	76	50%	47	37%
11 years old or younger	8	5%	9	6%	10	8%
12 years old	6	4%	8	5%	2	2%
13 years old	5	3%	17	11%	10	8%
14 years old	0	0%	31	21%	16	13%
15 years old	0	0%	7	5%	24	19%
16 years old	0	0%	0	0%	17	13%
17 years old or older	1	1%	3	2%	2	2%
Total	156	100%	151	100%	128	100%

For the 9th graders in the sample, most sexually active students had their first sexual encounter around 14 years of age; the 11th graders were 15 years old.

***66. During your life, with how many different people have you had sexual activity?**

(This item was presented to 20 7th-graders, 75 9th-graders and 81 11th-graders based on responses from question 65.)

Answer	7th grade	% of entire 7 th grade	9th grade	% of entire 9 th grade	11th grade	% of entire 11 th grade
1 person	8	5%	32	21%	22	17%
2 people	5	3%	19	13%	14	11%
3 people	4	3%	10	7%	18	14%
4 people	1	1%	4	3%	9	7%
5 people	0	0%	3	2%	5	4%
6 or more people	2	1%	7	5%	13	10%
Total	20	13%	75	50%	81	63%

The number of students having sex increases as grade level goes up. The proportion of students who have had multiple (>1) sex partners generally increases with grade level as well: 8% of 7th graders, 29% for 9th graders, and 46% for 11th graders.

LINE GRAPH?

***67. Have you ever drunk alcohol or used drugs before you engaged in sexual activity?**

(This item was presented to 20 7th-graders, 75 9th-graders and 81 11th-graders based on responses from question 65.)

Answer	7th grade	% of entire 7 th grade	9th grade	% of entire 9 th grade	11th grade	% of entire 11 th grade
Yes	3	2%	27	18%	37	29%
No	17	11%	48	32%	44	34%
Total	20	13%	75	50%	81	63%

A big jump in alcohol use by sexually active students from 7th to 9th grade (2% to 18%) is evident. A noticeably higher proportion of 11th graders report alcohol/drug use in combination with sexual activity.

***68. If you have engaged in sexual activity, how often did you use any form of birth control?**

(This item was presented to 20 7th-graders, 75 9th-graders and 81 11th graders based on responses from question 65.)

Answer	7th grade	% of branched 7 th grade sample	9th grade	% of branched 9 th grade sample	11th grade	% of branched 11 th grade sample
Every time	7	35%	24	32%	43	53%
Most of the time	1	5%	7	9%	7	9%
Sometimes	2	10%	5	7%	8	10%
Never	10	50%	39	52%	23	28%
Total	20	100%	75	100%	81	100%

Risky behavior: About half of the two younger groups of students report never using birth control, compared to 28% of 11th graders who never use birth control. Over half of 11th graders use birth control every time, compared to about a third of 7th graders and 9th graders.

69. Where have you received most of your information about sex and sexually transmitted diseases/infections (STDs/STIs)?

Answer	7th grade	%	9th grade	%	11th grade	%
I have not received any information about sex and STDs	35	22%	20	13%	7	5%
Friends/ peers	18	12%	12	8%	11	9%
Parents/ other family members	57	37%	25	17%	19	15%
Brother/ sisters	5	3%	2	1%	0	0%
School teachers/ counselors	18	12%	75	50%	71	55%
Doctors or nurses	7	4%	10	7%	11	9%
TV/ radio	11	7%	4	3%	3	2%
Magazines/ newspapers/ books	5	3%	3	2%	6	5%
Total	156	100%	151	100%	128	100%

The youngest students are more likely to have not received information (22% vs. 13% and 5% for 9th and 11th graders, respectively). It appears that over half of high school students are getting information from teachers and counselors (compared to 12% of 7th graders), while more 7th graders respond that family members have provided information (37%). A slight increase in high school students who indicate that medical professionals have given this information suggests physicians may be more likely to bring the topic up with high-schoolers.

Nutrition

70. During the past 7 days, how many times did you eat vegetables?

Answer	7th grade	%	9th grade	%	11th grade	%
I did not eat vegetables during the past 7 days	19	12%	19	13%	8	6%
1-3 servings during the past 7 days	33	21%	31	21%	27	21%
4-6 servings during the past 7 days	25	16%	19	13%	22	17%
About 1 serving per day	39	25%	34	23%	19	15%
About 2 servings per day	10	6%	26	17%	31	24%
About 3 servings per day	14	9%	15	10%	13	10%
About 4 or more servings per day	16	10%	7	5%	8	6%
Total	156	100%	151	100%	128	100%

About 50% of respondents consumed less than one serving of vegetables per day over the previous week. Less than 10% get the recommended amount of 4 or more daily servings.

71. During the past 7 days, how many times did you drink a can, a bottle, or a glass of soda or pop, such as Coke, Pepsi, or Sprite? (Do not include diet soda or diet pop.)

Answer	7th grade	%	9th grade	%	11th grade	%
I did not drink soda or pop during the past 7 days.	30	19%	22	15%	27	21%
1-3 times during the past 7 days	61	39%	55	36%	44	34%
4-6 times during the past 7 days	14	9%	17	11%	11	9%
About 1 time per day	10	6%	12	8%	10	8%
About 2 times per day	19	12%	16	11%	8	6%
About 3 times per day	7	4%	9	6%	8	6%
About 4 or more times per day	15	10%	20	13%	20	16%
Total	156	100%	151	100%	128	100%

Soda consumption appears to be equivalent across grade levels.

72. During the past 7 days, how many times did you eat candy, cookies, donuts, pie or cake?

Answer	7th grade	%	9th grade	%	11th grade	%
I did not eat candy, cookies, donuts, pie or cake during the past 7 days	22	14%	23	15%	14	11%
1-3 servings during the past 7 days	69	44%	63	42%	54	42%
4-6 servings during the past 7 days	18	12%	17	11%	16	13%
About 1 serving per day	22	14%	17	11%	21	16%
About 2 servings per day	8	5%	8	5%	8	6%
About 3 servings per day	7	4%	8	5%	2	2%
About 4 or more servings per day	10	6%	15	10%	13	10%
Total	156	100%	151	100%	128	100%

Consumption of sweets appears to be equivalent across grade levels.

73. Have you ever gone to bed hungry because there was not enough food in your home?

Answer	7th grade	%	9th grade	%	11th grade	%
Yes	20	13%	24	16%	14	11%
No	136	87%	127	84%	114	89%
Total	156	100%	151	100%	128	100%

Yes responses are about equally distributed across grade levels, and resemble values in the 2008 survey.

Response	7 th grade		9 th grade		11 th grade	
	2008		2006	2008	2006	2008
Yes	16.7%		31.2%	11.9%	26.9%	18.4%
No	81.3%		68.1%	76.8%	72.3%	68.4%

Note: Percentages do not total 100% due to missing data.

Physical Activity and Leisure Time

74. During the past 7 days, on how many days were you physically active for a total of at least 60 minutes per day? (Add up all the time you spent in any kind of physical activity that increased your heart rate and made you breathe hard some of the time.)

Answer	7th grade	%	9th grade	%	11th grade	%
0 days	22	14%	28	19%	23	18%
1 day	12	8%	12	8%	9	7%
2 days	14	9%	12	8%	18	14%
3 days	28	18%	15	10%	15	12%
4 days	22	14%	16	11%	14	11%
5 days	16	10%	29	19%	13	10%
6 days	7	4%	7	5%	8	6%
7 days	35	22%	32	21%	28	22%
Total	156	100%	151	100%	128	100%

75. In an average week in school, on how many days did you go to PE (physical education) classes?

Answer	7th grade	%	9th grade	%	11th grade	%
0 days	17	11%	27	18%	96	75%
1 day	2	1%	2	1%	3	2%
2 days	27	17%	3	2%	0	0%
3 days	101	65%	9	6%	3	2%
4 days	4	3%	5	3%	2	2%
5 days	5	3%	105	70%	24	19%
Total	156	100%	151	100%	128	100%

76. On an average school day, how many hours do you watch TV?

Answer	7th grade	%	9th grade	%	11th grade	%
I do not watch TV on an average school day	12	8%	22	15%	14	11%
Less than 1 hour per day	21	13%	17	11%	25	20%
1 hour per day	16	10%	17	11%	14	11%
2 hours per day	40	26%	31	21%	21	16%
3 hours per day	25	16%	28	19%	25	20%
4 hours per day	15	10%	12	8%	11	9%
5 or more hours per day	27	17%	24	16%	18	14%
Total	156	100%	151	100%	128	100%

77. On an average school day, how many hours do you play video or computer games or use a computer for something that is not school work?

Answer	7th grade	%	9th grade	%	11th grade	%
I do not play video or computer games or use a computer on an average school day	22	14%	24	16%	24	19%
Less than 1 hour per day	26	17%	18	12%	18	14%
1 hour per day	24	15%	24	16%	28	22%
2 hours per day	29	19%	32	21%	19	15%
3 hours per day	25	16%	23	15%	12	9%
4 hours per day	8	5%	6	4%	15	12%
5 or more hours per day	22	14%	24	16%	12	9%
Total	156	100%	151	100%	128	100%

78. On an average school day, how many hours do you spend using a cell phone (talking and text messaging)?

Answer	7th grade	%	9th grade	%	11th grade	%
I do not use a cell phone on an average school day	38	24%	19	13%	12	9%
Less than 1 hour	29	19%	16	11%	14	11%
1 hour per day	17	11%	8	5%	13	10%
2 hours per day	17	11%	13	9%	7	5%
3 hours per day	11	7%	12	8%	12	9%
4 hours per day	6	4%	7	4%	8	6%
5 or more hours per day	38	24%	76	50%	62	48%
Total	156	100%	151	100%	128	100%

Older students, who are more likely to use cell phones, use them for more than 5 hours a day to a greater degree than younger students.

80. If you have a job, how many hours do you work in a typical week? (A job can include babysitting, yard work or anything you get paid to do.)

Answer	7th grade	%	9th grade	%	11th grade	%
I don't have a job	126	81%	116	77%	84	66%
Less than 5 hours per week	12	8%	14	9%	9	7%
Between 5 and 10 hours per week	8	5%	11	7%	12	9%
Between 11 and 15 hours per week	5	3%	3	2%	12	9%
Between 16 and 20 hours per week	2	1%	2	1%	3	2%
More than 20 hours per week	3	3%	5	3%	8	6%
Total	156	100%	151	100%	128	100%

Health

79. How much sleep do you usually get at night?

Answer	7th grade	%	9th grade	%	11th grade	%
Less than 7 hours	26	17%	54	36%	39	30%
7 hours	23	15%	44	29%	42	33%
8 hours	64	41%	42	28%	35	27%
More than 8 hours	43	28%	11	7%	12	9%
Total	156	100%	151	100%	128	100%

81. In the past year, have you ever been sick enough to want to see a doctor/physician but were not able to see a physician?

Answer	7th grade	%	9th grade	%	11th grade	%
Yes	34	22%	26	17%	18	14%
No	122	78%	125	83%	110	86%
Total	156	100%	151	100%	128	100%

*82. For what reason were you not able to see the doctor/physician?

(This item was presented to 34 7th-graders, 26 9th-graders and 18 11th-graders based on responses from question 81.)

Answer	7th grade	% of branched 7 th grade sample	9th grade	% of branched 9 th grade sample	11th grade	% of branched 11 th grade sample
No insurance	1	3%	8	31%	1	6%
No transportation	3	9%	1	4%	0	0%
Couldn't afford	6	18%	2	8%	5	28%
Don't have a regular doctor	0	0%	0	0%	1	6%
I don't know	24	71%	15	58%	11	61%
Total	34	100%	26	100%	18	100%

Because of the high response rates of "I don't know" it's difficult to figure out what primary factors have prevented students from getting medical care.

83. When was the last time you saw a dentist for a check-up, exam, teeth cleaning, or other dental work?

Answer	7th grade	%	9th grade	%	11th grade	%
During the past 12 months	96	62%	102	68%	95	74%
Between 12 and 24 months ago	16	10%	13	9%	11	9%
More than 24 months ago	9	6%	4	3%	5	4%
Never	3	2%	7	5%	1	1%
Not sure/don't remember	32	21%	25	17%	16	13%
Total	156	100%	151	100%	128	100%

Over three-quarters of the respondents have visited a dentist in the past two years.